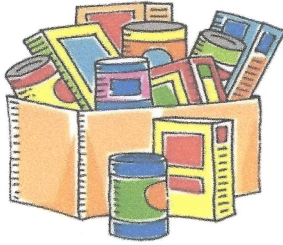


MINNEAPOLIS VA COMMUNITY RESOURCE AND REFERRAL CENTER FOOD PANTRY



VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Minneapolis VA Health Care System

Help us collect food for Veterans experiencing homelessness in the Minneapolis VA Healthcare System.

Show your support for Veteran nutrition by donating non-perishable, unexpired food items and can openers. **Any expired items will be discarded.** We ask that you do not bring in glass containers. Instead donate food in cans, boxes or plastic containers. Please refrain from donating bulk food items.

What we are looking for:

Pop-top Cans (Chili, Soup, Vienna Sausages, etc)	Instant Coffee	Applesauce
Ramen Cups	Shelf-stable Milk	Canned Fruit (light syrup or natural juices)
Instant Meals in Cups	Powdered Milk Packets	Pasta
Mac and Cheese Cups	Instant Oatmeal	Pasta Sauce
Protein Pouches (Tuna, Chicken Peanut Butter, etc)	Cups of Cereal	Rice
Canned Chicken or Tuna	Dehydrated Fruit (unsweetened)	Cooking Oils
Canned Soups (low sodium)	Dehydrated Beans	Spices
Snack Packs (Trail Mix, Nuts, Pretzels, Fruit Snacks, Beef Jerky, etc.)	Dehydrated Potatoes	Can Openers
	Canned Vegetables (low sodium)	Paper Towels
	Canned Beans (low sodium)	Hand Wipes
	Canned Stew or Chili (low sodium)	Cleaning Agents
	Peanut Butter - Jelly	

**This list refers to the most needed items and are only suggestions. All non-perishable food donations are welcome.

Please contact Tom Galoff to schedule a food drive or to drop off food donations. Tom can be reached at 651-319-6136 or at galoff7069@msn.com.

Monetary donations can be made by check and mailed to MN Veterans Food Pantry at 4979 Olson Memorial Hwy, Suite 101, Golden Valley, MN 55422 or to donate online please visit mnvp.org or scan the QR Code below.

